

Dapoli Education Society's
Dapoli Urban Bank Senior Science College, Dapoli
Internal Quality Assurance Cell (IQAC) 2021-2022



Sports Department

1. Name of Activity- Suryanamaskar Event (Azadi ka Amrit Mohotsav)

2. Date and Time- 3rd Feb. 2022 Time- 10.00am Onward

3. Aim and purpose-

The aim of suryanamaskar event was to improve metabolism and blood circulation in human body. The purpose of this activity was to develop Immunity, Increase fitness, improve vitality among the students.

4. Inauguration and Resource Person and topic-

The resource person of suryanamaskar event was Dr. Sandesh Jagdale (Principal Dubssc) Prof. Santosh Marathe (extra Activities Co-ordinator).

5. Number of Participation- 38 Participants

Approximately total 38 students (26 Boys/ 13 Girls) was participated in Suryanamaskar Event.

6. About overall conduct-

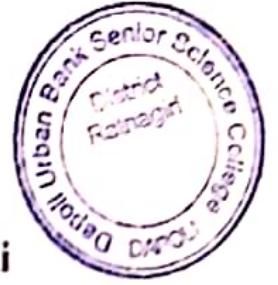
In these Suryanamaskar event students was actively participated. That is way the overall Suryanamaskar Event was good conducted and students are satisfied because Mrs. Varsha Dhamane given good information about Suryanamaskar. Best Positions explain by Mrs. Varsha Dhamane.

Mrs. Varsha Dhamane explain all advantage about Suryanamaskar. Surya Namaskar Benefits for example Improve muscles strength and endurance,

Aids in developing a strong upper body, Maitain cardiovascular health, improve immunity etc. benefits explain by Dr. Rajendra More sir.

7. About Feedback-

The overall feedback of Suryanamaskar events was excellent. The students were informed about the suryaNamaskar which created awareness among the students about suryanamaskar.



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Sports Department

Suryanamaskar Event on 3rd Feb. 2022.

Programme Schedule

Time	Topic	Resource person
10.00am to 10.10 am	Inauguration	Dr. Sandesh Jagdale. Prof. Santosh Marathe.
10.10 am to 10 25am	Information of suryanamaskar	Mrs. Varsha Dhamane.
10.25am to 45am	Suryanamaskar Performed	Students
10.45am to 10.50 am	Vote of Thanks	Dr. Rajendra More


Sports Director

॥ मम हि क्षामेयं सत्सुखं यत्किञ्चन हि विद्यते ॥
DAPOLI EDUCATION SOCIETY'S
DAPOLI URBAN BANK SENIOR SCIENCE COLLEGE
DAPOLI, DIST- RATNAGIRI-415 712
(Permanently Affiliated to University of Mumbai)
NAAC Reaccredited 'B' Grade (CGPA 3.00)
E mail:- dubssc@2@gmail.com www.dubsscdapoli.in

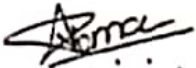
Principal:- Dr.Sandesh Jagdale M.Sc, Ph.D.

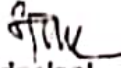
Phone:- (02358) 283256, 280225

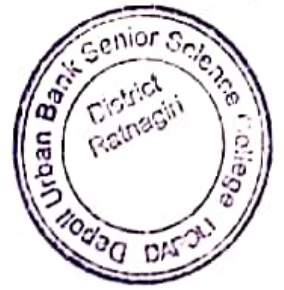
Date:- 02/02/2022

नोटीस

महाविद्यालयातील सर्व विद्यार्थी, शिक्षक व शिक्षकेत्तर कर्मचारी यांना कळविण्यात येते की, महाविद्यालयातील क्रीडा विभाग व N.S.S. विभागामार्फत उदया दिनांक 3 फेब्रुवारी 2022 रोजी 'भारतीय स्वातंत्र्याच्या अमृत महोत्सवानिमित्त' 75 कोटी सूर्यनमस्कार उपक्रम आयोजित केला गेला आहे. या कार्यक्रमाचा प्रारंभ सकाळी ठिक 10.00 वाजता महाविद्यालयाच्या मैदानावर होणार आहे. तरी सर्वांनी वेळेवर उपस्थित रहावे.


Sports Director


Principal
Dapoli Education Society's
Dapoli Urban Bank Senior Science College
Dapoli, Dist. Ratnagiri



Dapoli Education Society,s
Dapoli Urban Bank Senior Science College Dapoli

Sports Department Organized

Date
3rd Feb.2022

Time
10.00 am onward

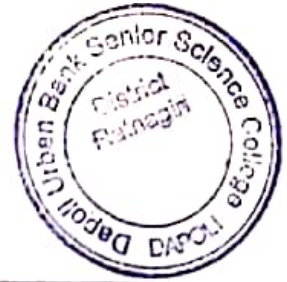
75
Azadi Ka
Amrit Mahotsav

A Tribute on 75th Anniversary of Independence
75 Crore Suryanamaskar

Perform 13 Suryanamaskar for 21 days!
Be a part of World Record! Get a Certificate!

Students Attendance

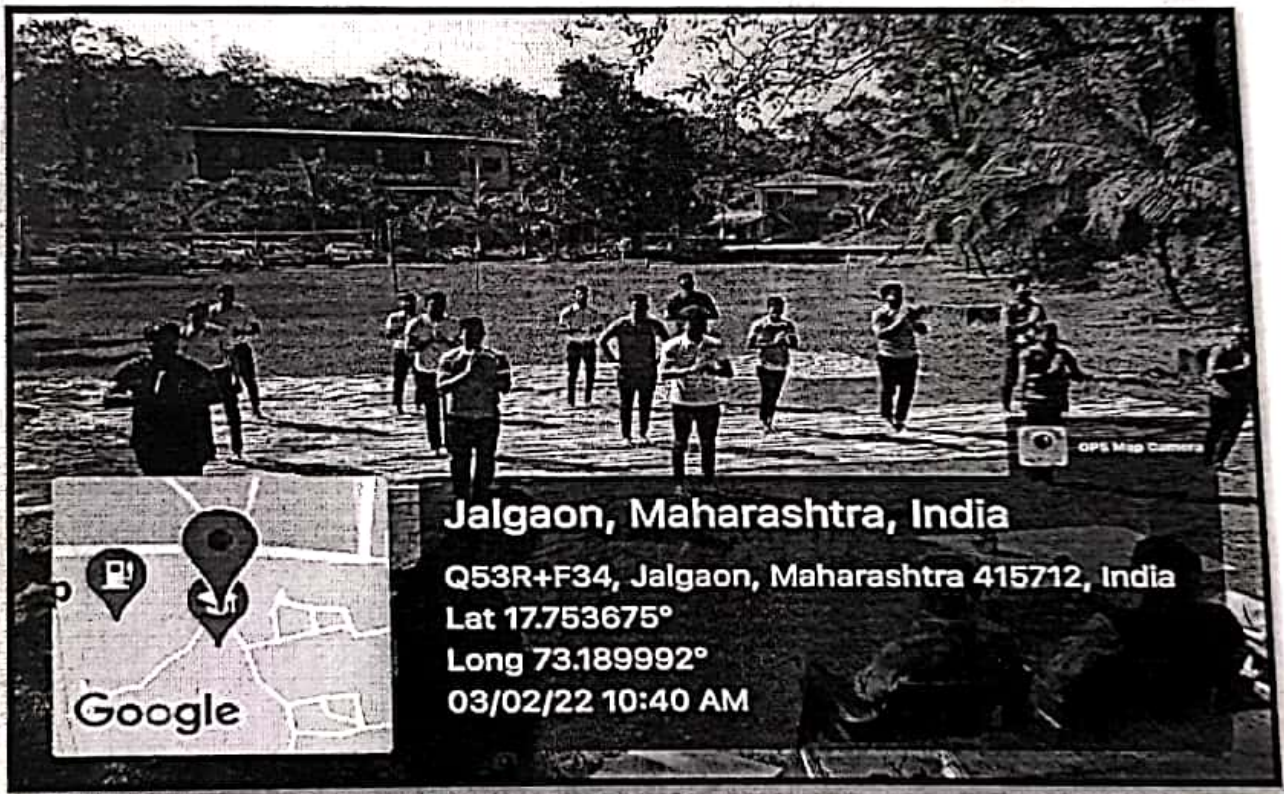
Sr. no.	Students name	Faculty/ Dept.	Present Mark
1.	Parbhulkar Faique	F.Y.B.com	P
2.	Dhopat Raj.	F.Y.B.com	P
3.	Chicktey Ashfan Riyaj	T.Y.B.com	p
4.	Matvankar Affan	T.Y.B.com	P
5.	Narbekar Yash	T.Y.B.com	P
6.	Narvankar Sahil	T.Y.B.com	P
7.	Narvankar Aditya	T.Y.B.com	P
8.	Mulla Fawad	T.Y.B.com	P
9.	Mundekar Saurabh	T.Y.B.com	p
10.	Dalavi Saad	T.Y.B.com	P
11.	Daili Ibrahim	T.Y.B.com	P
12.	Mullaji Rozan	F.Y.B.com	P
13.	Sakharkar Masoom	F.Y.B.com	P
14.	Khot Abdul Hafiz	F.Y.B.com	P
15.	Khot Nazir	T.Y.B.com	P
16.	Mandavkar Rutik	F.Y.B.com	P
17.	Thore Arnav	F.Y.B.com	P
18.	Shitut Vedang	F.Y.B.com	P
19.	Mhatale Pratik	F.Y.B.com	P
20.	Hanmante Nitin	F.Y.B.com	P
21.	Bangi Ali Daud	F.Y.B.com	P
22.	Dhanashe Shahid Harron	T.Y.B.com	P
23.	Ujal Akshata Dashrath	T.Y.B.com	P
24.	Govale Deep R.	S.Y.Bsc	P
25.	Pawar Pratik V.	S.Y.Bsc	P
26.	Sawant Sae M.	T.Y.B.com	P
27.	Devkate Sakshi R.	S.Y.Bsc	P
28.	Rumane Ashna I.	T.Y.B.com	p
29.	Rumane Tanish T.	T.Y.B.com	P
30.	Bhallagat Niyatee B.	F.Y.B.com	P
31.	Khare Gauri S.	F.Y.B.com	P
32.	Ghag Jidnyasa R.	F.Y.Bsc	P
33.	Shaikh Asara S.	F.Y.B.com	P
34.	Mujawar Soniya Bilal	F.Y.B.com	P
35.	Kalaskar Sayuri S.	S.Y.Bsc	P
36.	Mhatale Prachi P.	T.Y.B.com	P
37.	Metkar Saima M.	T.Y.B.com	P
38.	Durgawale Omkar	T.Y.Bsc	p

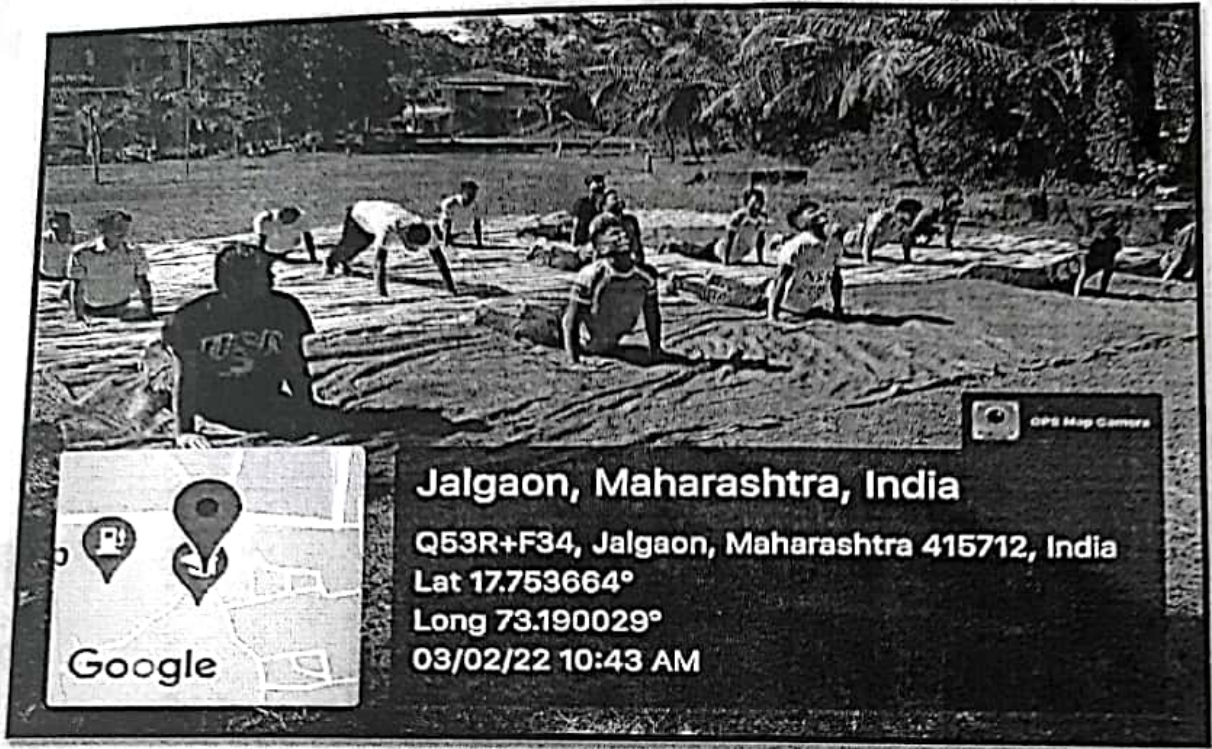


Faculty Members Attendance

Sr. No	Teachers Name	Faculty	Attendance Mark
1.	Dr. More Rajendra	Zoo	p
2.	Mr. Mulukh Ajikya	Botany	p
3.	Mr. Dhamane Varsha	Sports	p
4.	Mr. Broraje Priti	Chemistry	p
5.	Mr. Lad Manoj	Chemistry	p

Photos





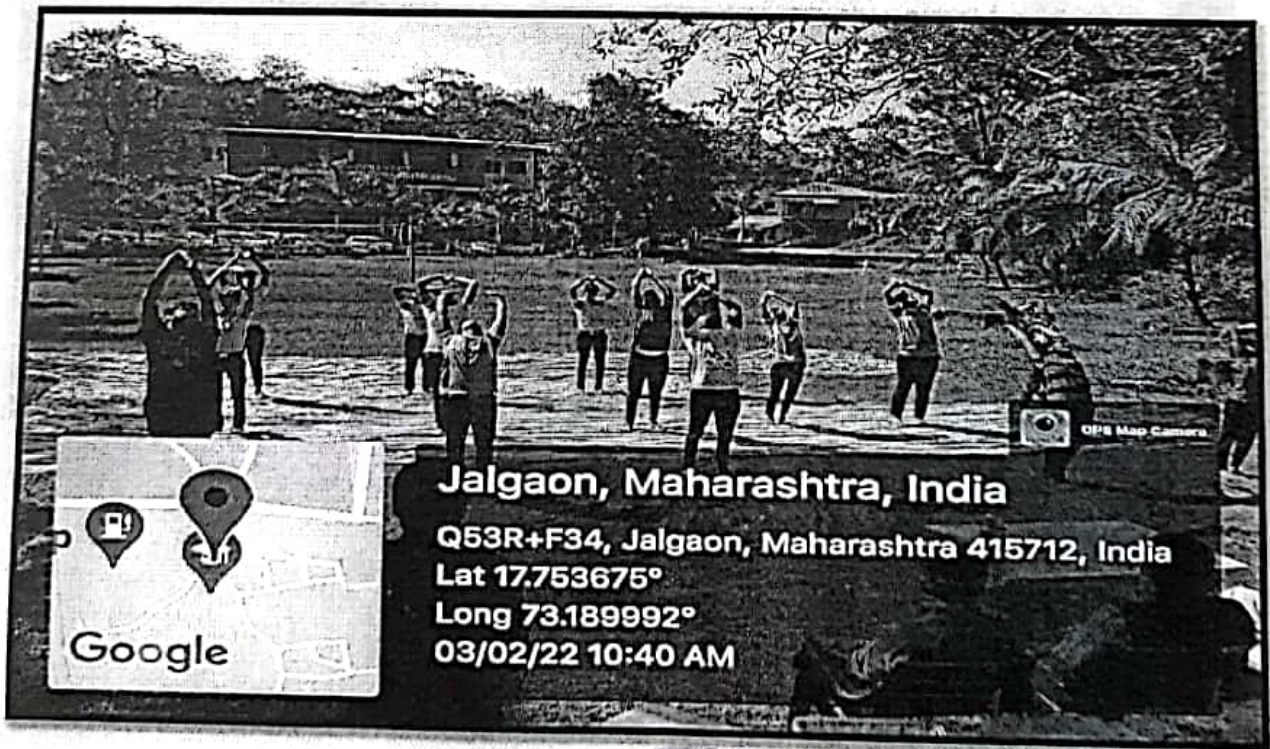
Jalgaon, Maharashtra, India

Q53R+F34, Jalgaon, Maharashtra 415712, India

Lat 17.753664°

Long 73.190029°

03/02/22 10:43 AM




Jalgaon, Maharashtra, India

Q53R+F34, Jalgaon, Maharashtra 415712, India

Lat 17.753675°

Long 73.189992°

03/02/22 10:40 AM


Principal
 Dapoli Education Society's
 Dapoli Urban Bank Senior Science College
 Dapoli, Dist. Ratnagiri




Sport Director