

**F.Y.B.A**  
**(Credits 02)**  
**SEMESTER-I and II**  
**Foundation course-I**

<b>COURSE CODE/ UNIT NO.</b>	<b>TITLE</b>	<b>CREDITS AND LECTURES</b>
<b>UAMAFNC101</b>	<b>Foundation course-I</b>	<b>02 CREDITS 45 LECTURES</b>
UNIT 1	Overview of Indian Society	09
UNIT 2	Concept of Disparity- 1	09
UNIT 3	Concept of Disparity-2	09
UNIT 4	The Indian Constitution and Significant Aspects of Political Processes	09
UNIT 5	Growing Social Problems in India (suggested Project topics)	09
<b>UAMAFNC201</b>	<b>Foundation course-I</b>	<b>02 CREDITS 45 LECTURES</b>
UNIT 1	Globalisation and Indian Society	09
UNIT 2	Human Rights	09
UNIT 3	Ecology	09
UNIT 4	Understanding Stress and Conflict	09
UNIT 5	Contemporary Societal Challenges (suggested Project topics)	09

**\*Each theory period shall be of 48 minutes duration. Theory component shall have 45 instructional lectures**



Shri Vile Parle Kelavani Mandal's

**MITHIBAI COLLEGE OF ARTS, CHAUHAN INSTITUTE  
OF SCIENCE & AMRUTBEN JIVANLAL COLLEGE OF  
COMMERCE AND ECONOMICS (AUTONOMOUS)**

NAAC Reaccredited "A" grade, CGPA: 3.57, Granted under FIST-DST & - Star  
College Scheme of DBT, Government of India Best College, University of Mumbai  
2016-17

Affiliated to the  
**UNIVERSITY OF MUMBAI**

Program : FYBA

Course : FOUNDATION COURSE-I

**Credit Based Semester and Grading System (CBSGS) with  
effect from the academic year 2018-19**

# **Department of Sociology**

## **Foundation Course -I**

**FYBA**

**(SEM- I AND SEM-II)**

**SVKM'S**

## FOUNDATION COURSE- I

### Preamble

With the introduction of Credit Based Semester & Grading System (CBSGS) and continuous evaluation consisting of components of External Assessment & Internal Assessment by the esteemed University from the academic year 2011-12 the earlier existing syllabus of Foundational course for B.A,B.Com and B.Sc courses was restructured according to the CBSGS pattern for implementation from 2011-12.

Foundation Course was introduced with an objective to develop a preliminary understanding of significant changes and factors that have influenced the cultural, economic, environmental and political fabric of Indian society. Keeping in tune with the revised syllabi, the committee has introduced themes in lieu with issues of a rapidly changing Indian society. The revised syllabus is an attempt to make students conscious of their role as change makers along with responsibilities towards the ethical well-being of the society. The present syllabus is a balance between the external component of theory exams of 75 marks and an internal component of assignments/presentations for 25 marks.

This introductory course on contemporary issues will help the students to develop a well-balanced standpoint for many of the pressing social problems seen in Indian society.

**SEMESTER –I**  
**FOUNDATION COURSE-I**  
**CREDITS: 02**

**COURSE CODE:**  
**UAMAFNC101**

**Learning Objectives**

- To understand the pluralistic nature of Indian society
- To sensitize about the gender disparity in society.
- To understand diversity as difference and disparity as inequality.
- To understand the philosophy and structure of the Constitution of India and government bodies working at different levels of government administration
- To create awareness about growing social problems in India

**Learning outcome**

- This course is designed to create social awareness at a preliminary level for students across the board
- To help the students to upgrade their knowledge on current challenges and issues of Indian society
- To sensitize students about social problems plaguing Indian society and to emphasize the role of educated youth to address the same.

**Unit-I Overview of Indian Society:**

Understand the multi-cultural diversity of Indian society through its demographic composition: religion, caste, language, regional differences

Understand regional variations according to

- a) rural,
- b) urban and
- c) tribal characteristics

**Unit-II Concept of Disparity- 1**

Explore the disparities arising out of gender with special reference to violence against women, female foeticide (declining sex ratio), and portrayal of women in media; Appreciate the inequalities faced by people with disabilities and understand the issues of people with physical and mental disabilities.

**Unit-III Concept of Disparity-2:**

Examine inequalities manifested due to the caste system and inter-group conflicts Understand inter-group conflicts arising out of communalism; Examine the causes and effects of conflicts arising out of regionalism and linguistic differences.

#### **Unit IV The Indian Constitution and Significant Aspects of Political Processes:**

The structure of the Constitution-the Preamble, Main Body; Schedule  
Basic features of the Constitution.

Fundamental Duties of the Indian Citizen;

The party system in Indian politics;

Local self-government in urban and rural areas; the 73<sup>rd</sup> and 74<sup>th</sup> Amendments

#### **Unit-V Growing Social Problems in India (suggested Project topics)**

Substance abuse- impact on youth & challenges for the future

HIV/AIDS- awareness, prevention, treatment and services

Problems of the elderly- causes, implications and response

Issue of child labour- magnitude, causes, effects and response

Child abuse- effects and ways to prevent

Trafficking of women- causes, effects and response

Any other emerging social problems

**SEMESTER II**  
**FOUNDATION COURSE-I**  
**Credits: 02**

**Course Code:**  
**UAMAFNC201**

**Learning objectives**

- To understand the impact of globalisation on Indian society
- To introduce the concept of Human Rights and fundamental rights
- To understand the importance of environment and sustainable development
- To recognize factors that cause stress and conflict in present times
- Awareness of social problems of Indian society: its challenges and remedies

**Learning outcome**

- This course is designed to create social awareness at a preliminary level for students across the board
- To help the students to upgrade their knowledge on current challenges and issues of Indian society
- To sensitize students about social problems plaguing Indian society and to emphasize the role of educated youth to address the same.

**Unit 1**  
**Globalisation and Indian Society:**

Understanding the concepts of liberalization, privatization and globalization;  
Growth of information technology and communication and its impact manifested in everyday life;  
Impact of globalization on industry: changes in employment, crises in agrarian sector and changes in migration pattern.

**Unit 2 Human Rights**

Concept of Human Rights; origin and evolution of the concept;  
The Universal Declaration of Human Rights;  
Human Rights constituents with special reference to Fundamental Rights stated in the Constitution

**Unit 3 Ecology**

Meaning of ecology and environment  
Environmental Degradation- types, causes and impact on human life  
Sustainable development- concept and components; organic farming, permaculture and rain water harvesting

## **Unit 4**

### **Understanding Stress and Conflict:**

Causes of stress and conflict in individuals and society;

Types of conflict

Stress management

Emotional intelligence

Significance of values and ethics in developing the individual

Maslow's theory of self-actualisation;

## **Unit 5**

### **Contemporary Societal Challenges:**

Increasing urbanization, problems of housing, health and sanitation;

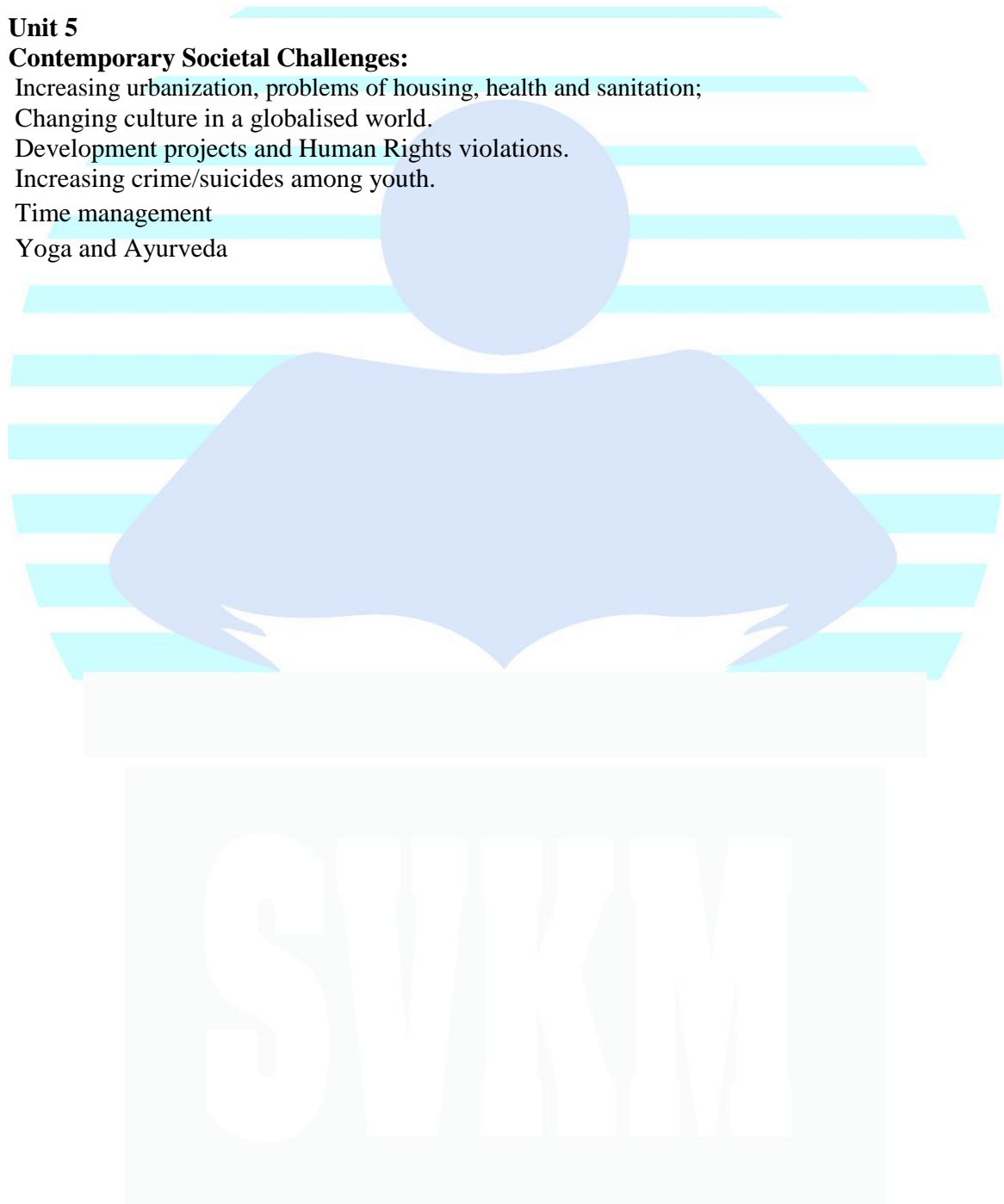
Changing culture in a globalised world.

Development projects and Human Rights violations.

Increasing crime/suicides among youth.

Time management

Yoga and Ayurveda





**F.Y.B.Sc.  
(Credits 02)  
SEMESTER-I and II  
Foundation course-I**

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<b>USMAFNC101</b>	<b>Foundation course-I</b>	<b>02 CREDITS 45 LECTURES</b>
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UNIT 1	Globalisation and Indian Society	09
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Program : FYBSC

Course : FOUNDATION COURSE-I

**Credit Based Semester and Grading System (CBSGS) with  
effect from the academic year 2018-19**

# **Department of Sociology**

## **Foundation Course -I**

**FYBSC**

**(SEM- I AND SEM-II)**

**SVKM'S**

## FOUNDATION COURSE- I

### Preamble

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This introductory course on contemporary issues will help the students to develop a well-balanced standpoint for many of the pressing social problems seen in Indian society.

**SEMESTER –I**  
**FOUNDATION COURSE-I**  
**CREDITS: 02**

**COURSE CODE:**  
**USMAFNC101**

**Learning Objectives**

- To understand the pluralistic nature of Indian society
- To sensitize about the gender disparity in society.
- To understand diversity as difference and disparity as inequality.
- To understand the philosophy and structure of the Constitution of India and government bodies working at different levels of government administration
- To create awareness about growing social problems in India

**Learning outcome**

- This course is designed to create social awareness at a preliminary level for students across the board
- To help the students to upgrade their knowledge on current challenges and issues of Indian society
- To sensitize students about social problems plaguing Indian society and to emphasize the role of educated youth to address the same.

**Unit-I Overview of Indian Society:**

Understand the multi-cultural diversity of Indian society through its demographic composition: religion, caste, language, regional differences

Understand regional variations according to

- d) rural,
- e) urban and
- f) tribal characteristics

**Unit-II Concept of Disparity- 1**

Explore the disparities arising out of gender with special reference to violence against women, female foeticide (declining sex ratio), and portrayal of women in media; Appreciate the inequalities faced by people with disabilities and understand the issues of people with physical and mental disabilities.

**Unit-III Concept of Disparity-2:**

Examine inequalities manifested due to the caste system and inter-group conflicts Understand inter-group conflicts arising out of communalism; Examine the causes and effects of conflicts arising out of regionalism and linguistic differences.

#### **Unit IV The Indian Constitution and Significant Aspects of Political Processes:**

The structure of the Constitution-the Preamble, Main Body; Schedule  
Basic features of the Constitution.

Fundamental Duties of the Indian Citizen;

The party system in Indian politics;

Local self-government in urban and rural areas; the 73<sup>rd</sup> and 74<sup>th</sup> Amendments

#### **Unit-V Growing Social Problems in India (suggested Project topics)**

Substance abuse- impact on youth & challenges for the future

HIV/AIDS- awareness, prevention, treatment and services

Problems of the elderly- causes, implications and response

Issue of child labour- magnitude, causes, effects and response

Child abuse- effects and ways to prevent

Trafficking of women- causes, effects and response

Any other emerging social problems

**SEMESTER II**  
**FOUNDATION COURSE-I**  
**Credits: 02**

**Course Code:**  
**USMAFNC201**

**Learning objectives**

- To understand the impact of globalisation on Indian society
- To introduce the concept of Human Rights and fundamental rights
- To understand the importance of environment and sustainable development
- To recognize factors that cause stress and conflict in present times
- Awareness of social problems of Indian society: its challenges and remedies

**Learning outcome**

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**Unit 1**

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Impact of globalization on industry: changes in employment, crises in agrarian sector and changes in migration pattern.

**Unit 2 Human Rights**

Concept of Human Rights; origin and evolution of the concept;

The Universal Declaration of Human Rights;

Human Rights constituents with special reference to Fundamental Rights stated in the Constitution

**Unit 3 Ecology**

Meaning of ecology and environment

Environmental Degradation- types, causes and impact on human life

Sustainable development- concept and components; organic farming, permaculture and rain water harvesting

## **Unit 4**

### **Understanding Stress and Conflict:**

Causes of stress and conflict in individuals and society;

Types of conflict

Stress management

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Significance of values and ethics in developing the individual

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## **Unit 5**

### **Contemporary Societal Challenges:**

Increasing urbanization, problems of housing, health and sanitation;

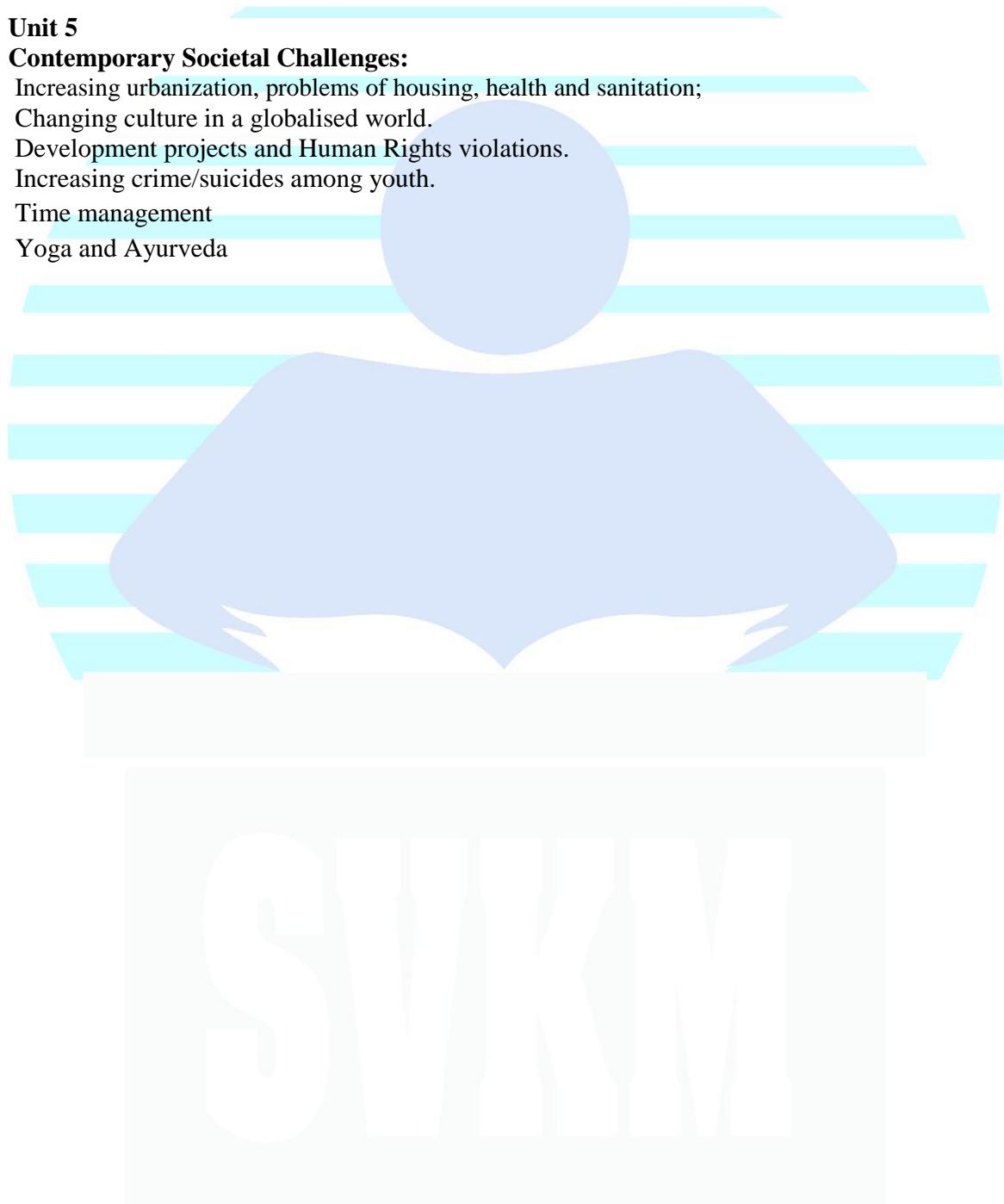
Changing culture in a globalised world.

Development projects and Human Rights violations.

Increasing crime/suicides among youth.

Time management

Yoga and Ayurveda





**F.Y.BCom  
(Credits 02)  
Foundation course-I  
SEMESTER-I and II**

<b>COURSE CODE/ UNIT NO.</b>	<b>TITLE</b>	<b>CREDITS AND LECTURES</b>
<b>UCMAFNC107</b>	<b>Foundation course-I</b>	<b>02 CREDITS 45 LECTURES</b>
UNIT 1	Overview of Indian Society	09
UNIT 2	Concept of Disparity- 1	09
UNIT 3	Concept of Disparity-2	09
UNIT 4	The Indian Constitution and Significant Aspects of Political Processes	09
UNIT 5	Growing Social Problems in India (suggested Project topics)	09
<b>UCMAFNC207</b>	<b>Foundation course-I</b>	<b>02 CREDITS 45 LECTURES</b>
UNIT 1	Globalisation and Indian Society	09
UNIT 2	Human Rights	09
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# **Department of Sociology**

## **Foundation Course -I**

### **FYBCom**

**(SEM- I AND SEM-II)**

**SVKM'S**

## FOUNDATION COURSE- I

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**SEMESTER –I**  
**FOUNDATION COURSE-I**  
**CREDITS: 02**

**COURSE CODE:**  
**UCMAFNC107**

**Learning Objectives**

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Child abuse- effects and ways to prevent

Trafficking of women- causes, effects and response

Any other emerging social problems

**SEMESTER II**  
**FOUNDATION COURSE-I**  
**Credits: 02**

**Course Code:**  
**UCMAFNC207**

**Learning objectives**

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- To understand the importance of environment and sustainable development
- To recognize factors that cause stress and conflict in present times
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Types of conflict

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Maslow's theory of self-actualisation;

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Increasing crime/suicides among youth.

Time management

Yoga and Ayurveda

