Dapoli Education Society's

Dapoli Urban Bank Senior Science College, Dapoli

Yoga Meditation Report

NSS department every year Yoga and Meditation Programme for the NSS volunteers and college students. College every year celebrates International Yoga Divas On 21st June. The Special Resource personevery year called to give demonstration and conduct Yoga Training. Yoga session and training every year organized during the special residential camp at adopted villages such as Kadivali, Terewaigani villages.

During 2013-14 total 100 students were benefited by yoga sessions. Following resource persons were calledto guide the students: Mr. Shailesh Athale,Dr. G.B. Sathe,Jalgoan Dapoli And Dr. R.L. Ghalme.

During 2014-15 total 100 students were benefited by yoga sessions. Following resource persons were called to guide the students: Mr. Shailesh Athale, Dr. G.B. Sathe, andDr. R.L. Ghalme.

During 2015-16 total 100 students were benefited by yoga sessions. Following resource persons were called to guide the students: Mr. Shailesh Athale, Dr. G.B. Sathe andDr. R.L. Ghalme,
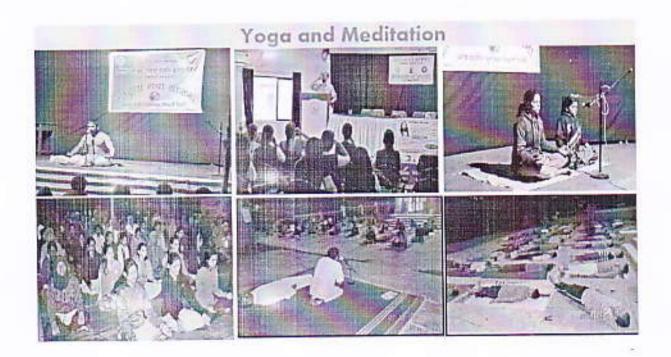
During 2016-17 total 100 students were benefited by yoga sessions. Following resource persons were called to guide the students: Mr. Shailesh Athale, Dr. G.B. Sathe,Dr. R.L. Ghalme, Mr. VishwasPhatak,

During 2017-18 total 108 students were benefited by yoga sessions. Following resource persons were called to guide the students: Mr. Shailesh Athale, Dr. G.B. Sathe ,Dr. R.L. Ghalme, Mr. VishwasPhatak, Dr. HemantDeodhar, College NSS Unit celebrated International Yoga Day on 21st June 2017 (Wenesday) in the College Seminar Hall. Lecture of Dr. HemantDevdhar on Pranayam was arranged by the NSS Unit. All NSS volunteers were present for the programme.

Celebration of International Yoga Day (21st June)

Yoga and Meditation

Report by Dr. Rajendra More

NSS Programme Officer

Programme Officer
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Principal
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